

HARLEM YMCA GYMNASIUM SCHEDULE

2021 SESSION 5 October 4th – October 31st, 2021							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30 AM	OPEN GYM 6:30 AM – 12:00 PM	OPEN GYM 6:30 AM – 12:00 PM	OPEN GYM 6:30 AM – 12:00 PM	OPEN GYM 6:30 AM – 12:00 PM	OPEN GYM 6:30 AM – 12:00 PM	GYM OPENS AT 8:00 AM	GYM OPENS AT 8:00 AM
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM						FAMILY TIME 8:00 AM - 12:00 PM	FAMILY TIME 8:00 AM - 12:00 PM
9:00 AM							
9:30 AM							
10:00 AM 10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM	FAMILY TIME 12:00 PM -3:00 PM	FAMILY TIME 12:00 PM -3:00 PM	FAMILY TIME 12:00 PM -3:00 PM	FAMILY TIME 12:00 PM -3:00 PM	FAMILY TIME 12:00 PM -3:00 PM	OPEN GYM 12:00 PM- 2:30 PM	OPEN GYM 12:00 PM- 2:30 PM
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM	TEEN TIME 3:00 PM-5:00 PM	TEEN TIME	TEEN TIME	TEEN TIME	TEEN TIME 3:00 PM-5:00 PM	GYM CLOSES AT 3:00 PM	GYM CLOSES AT 3:00 PM
3:30 PM		3:00 PM-3:50PM	3:00 PM-3:50 PM	3:00 PM-3:50 PM		A. 2.000 t.m	A1 3.00 T.M
4:00 PM		TENNIS CLASS	SOCCER CLASS	BASKETBALL CLASS			
4:30 PM		4:00 PM-5:00 PM	4:00 PM-5:00 PM	4:00 PM-5:00 PM			
5:00 PM		TENNIS CLASS 5:00 PM-6:00 PM	SOCCER CLASS 5:00 PM-6:00 PM	BASKETBALL CLASS 5:00 PM-6:00 PM			
5:30 PM		3:00 FM-0:00 FM	5:00 PM-6:00 PM		OPEN GYM 5:10 PM to 8:00 PM		
6:00 PM	INSANITY CLASS 6:00 PM-7:00 PM	OPEN GYM 6:10 PM-8:00 PM	OPEN GYM 6:10 PM-8:00 PM	OPEN GYM 6:10 PM-8:00 PM			
6:30 PM							
7:00 PM	POWER STEP CLASS 7:15 PM-7:45 PM						
7:30 PM							
8:00 PM							
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