



# HARLEM YMCA GYMNASIUM SCHEDULE

2021 SESSION 5   October 4th – October 31st, 2021									
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
6:30 AM	OPEN GYM 6:30 AM – 12:00 PM	OPEN GYM 6:30 AM – 12:00 PM	OPEN GYM 6:30 AM – 12:00 PM	OPEN GYM 6:30 AM – 12:00 PM	OPEN GYM 6:30 AM – 12:00 PM	GYM OPENS AT 8:00 AM	GYM OPENS AT 8:00 AM		
7:00 AM									
7:30 AM									
8:00 AM									
8:30 AM									
9:00 AM									
9:30 AM									
10:00 AM									
10:30 AM	FAMILY TIME 12:00 PM -3:00 PM	FAMILY TIME 12:00 PM -3:00 PM	FAMILY TIME 12:00 PM -3:00 PM	FAMILY TIME 12:00 PM -3:00 PM	FAMILY TIME 12:00 PM -3:00 PM	FAMILY TIME 8:00 AM - 12:00 PM	FAMILY TIME 8:00 AM - 12:00 PM		
11:00 AM									
11:30 AM									
12:00 PM									
12:30 PM									
1:00 PM									
1:30 PM									
2:00 PM									
2:30 PM	TEEN TIME 3:00 PM-5:00 PM	TEEN TIME 3:00 PM-3:50PM	TEEN TIME 3:00 PM-3:50 PM	TEEN TIME 3:00 PM-3:50 PM	TEEN TIME 3:00 PM-5:00 PM	GYM CLOSES AT 3:00 PM	GYM CLOSES AT 3:00 PM		
3:00 PM		TENNIS CLASS 4:00 PM-5:00 PM	SOCCER CLASS 4:00 PM-5:00 PM	BASKETBALL CLASS 4:00 PM-5:00 PM					
3:30 PM									
4:00 PM									
4:30 PM									
5:00 PM	INSANITY CLASS 6:00 PM-7:00 PM	TENNIS CLASS 5:00 PM-6:00 PM	SOCCER CLASS 5:00 PM-6:00 PM	BASKETBALL CLASS 5:00 PM-6:00 PM	OPEN GYM 5:10 PM to 8:00 PM				
5:30 PM									
6:00 PM	POWER STEP CLASS 7:15 PM-7:45 PM	OPEN GYM 6:10 PM-8:00 PM	OPEN GYM 6:10 PM-8:00 PM	OPEN GYM 6:10 PM-8:00 PM					
6:30 PM									
7:00 PM									
7:30 PM									
8:00 PM									