

DODGE TEENS

Every day, the YMCA sees teens that are excited about learning leadership skills and participating in projects. The YMCA wants teens and families to know there is a way for youth to reach new heights, and is committed to programs for older youth and teens that offer character development, citizenship, leadership and service programs.



We build strong kids, strong families, strong communities.

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 **New York City's YMCA**
We're Here for Good.

DODGE YMCA TEEN PROGRAMS



Be Yourself, Build Friendships



Empowered to Lead



Discover Community



Speak Out, Be Heard

Aspire to be the Best
Achieve any Goal

CHANGE YOUR WORLD

TEEN PROGRAMS



Our leaders club provides teens with opportunities for leadership training,

personal growth, service to others and social development. Leader's Club meets one night a week. Three times a year, teens attend weekend rallies located at YMCA camp grounds where they interact with other leaders from all over the north-east region of the United States. This year we have partnered with NY Cares where we will engage in service learning projects.

Meetings Day & Time:
Fridays 5:00— 6:30

Classroom B

Begins September 18, 2009



This program is designed to teach teens about the roles of government officials at the local level.

Teens learn how to identify issues in their community then work on proposals to address those issues. The proposals are presented by the teens at City Hall at the end of the program. Proposals address environmental, educational and health concerns of not only the teens but the entire NYC.

Meetings Day & Time

Tues 4:30- 6:00pm

Classroom A

Begins October 20, 2009



Teens learn the fundamentals of government at the state level. Teens learn how proposals become bills that are turned into laws. Teens have the opportunity to have there bills presented in Albany at the end of the program session. The program runs from October— March. Teens also get the opportunity to campaign to be the Youth Governor of NY state.

Meetings Day & Time:

Thurs 4:30—6:00 pm

Classroom A

Begins October 22, 2009



Want to make new friends? The Y provides

a safe haven where teens engage in activities which enhance social and recreational skills. Teens will participate in activities such as basketball, dance, health & wellness, fitness, swimming and movie nights followed by teen led discussions.

Meetings Day & Time:
Saturday 7:00—10:00 pm

Begins October 17, 2009

Strong Kids Card

The Strong Kids Card is a part of the YMCA of Greater New York's commitment to improving the health and fitness of New York City's Kids. During Saturday, cardholders can come to the Dodge YMCA to participate in free programs. Please stop by our membership desk to register and get a copy of our schedule. Classes are subject to change.

Strong Kids Card Hours

Saturday

Please refer to Strong Kids Card Schedule located @ Membership Desk