



Y NYC LOVES IT



2022 ANNUAL REPORT



YMCA OF
GREATER NEW YORK
Where there's a Y,
there's a way.

OUR MISSION

We're Here for All New Yorkers—
to Empower Youth, Improve Health,
and Strengthen Community.

OUR VISION

Active, Engaged New
Yorkers Building
Stronger Communities.

Y COMMUNITY,

2022 marked the 170th anniversary of the YMCA of Greater New York and an exciting moment in our organization's history. We expanded our core programs designed to empower youth, improve health, and strengthen community, including our college access programs, immigrant services, health & wellness initiatives, afterschool, child care, and summer camp.

We also launched the Center for Community Impact (CCI) to leverage our expertise and serve our communities in new and important ways, responding to their changing needs and the challenges they face. This annual report highlights a few of the many programs and services the Y provided to New Yorkers in 2022.

As we have every year for the last 170 years, we play a critical role in supporting New York City's growth and success. In 2022, the Y proudly opened the doors to the newest branch in New York City – the La Central YMCA in the South Bronx. Over the next 170 years, we will continue to stand shoulder to shoulder with our fellow New Yorkers, helping them – and our great City – to reach their full potential.

With gratitude,



Sharon Greenberger
President & CEO
YMCA of Greater New York

“ Because of the Y, I was able to become more authentic, understand my unique identity, and share my thoughts and ideas without fear of being judged. I continue to gain a deeper understanding of how self-advocacy can be used to bring a positive change into society.”

**ZAKHRO
KAKHRAMONOVA**

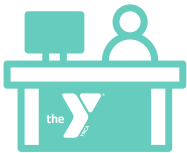
Vanderbilt YMCA
Rowe Scholars &
Leaders Club



2022: ONE YEAR OF COMMUNITY IMPACT

PEOPLE SERVED:
248,000

EMPOWER YOUTH



Youth
Employed by the Y:

2,584



Youth served by Y
Afterschool:

4,400



Summer
campers:

7,800



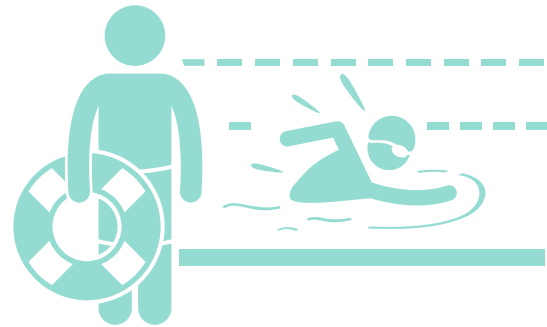
Children served by the Y's
early childhood education:

600

HIGH SCHOOL GRADUATION RATE:

97% Y Rowe Scholars
84% Citywide

IMPROVE HEALTH



People learned to swim and developed
water safety skills at the Y:

14,600

Lifeguards Certified:

114



Youth developed healthy
habits in Y programs:

26,400



Free Virtual
Exercise Classes:

240

STRENGTHEN COMMUNITY

Increased Earning Potential for Parents & Guardians with Youth in Y Programs:

\$30.7 MILLION

NEW AMERICANS INITIATIVE

New Americans served through workshops and legal services:

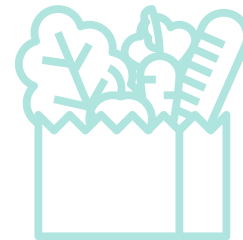
940



Passed Citizen Exam:

12

Y COMMUNITY MARKETS



Pounds of food distributed:

466,000



Improved English Skills:

2,100

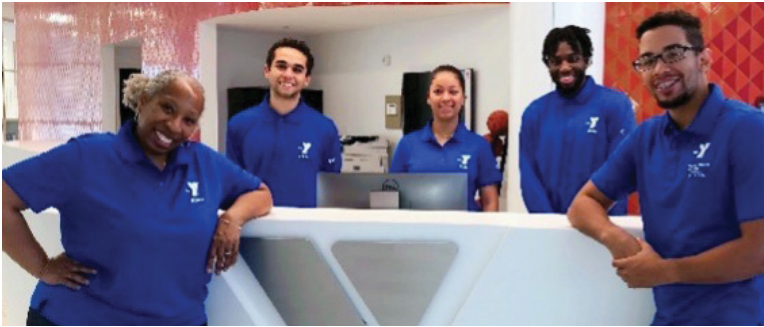


New Yorkers served:

23,800



LA CENTRAL OPENS TO SERVE THE SOUTH BRONX



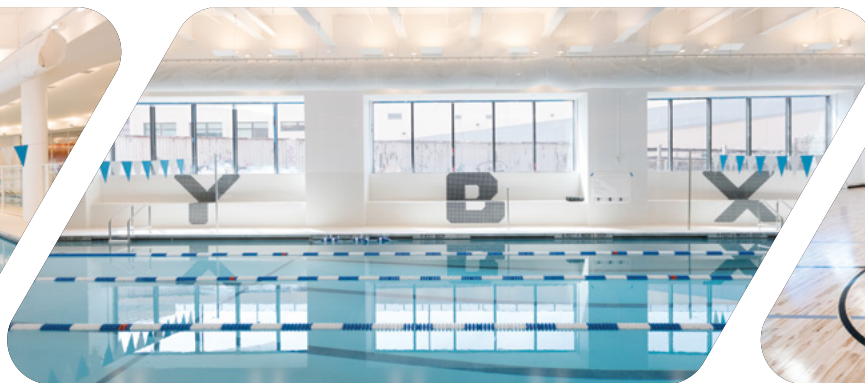
In October 2022, we officially opened the newest – and 24th! – YMCA of Greater New York branch in the South Bronx. The La Central Y is the third branch in the Bronx, joining the Castle Hill Y, which has served the Bronx community since 1946, and the Northeast Bronx Y, which opened in 2021. The La Central Y is a 50,000 square foot, state-of-the-art facility located in “The Hub,” just steps away from public transportation. It features two pools, an indoor cycling studio, and basketball courts.

More than 60% of working-age households in the Bronx do not earn enough to meet the minimum cost of living, and limited access to recreational spaces contributes to higher rates of obesity and diabetes. The La Central Y provides vital access to preventative health resources and well-being programs and services, inspires learning, and cultivates a sense of belonging, bringing us closer to our vision of a stronger, healthier Bronx. In addition, the new branch has already become a crucial central gathering place within the community.

The La Central Y was made possible by the support and partnership of elected officials, community leaders, and generous donors.

“State-of-the-art in every way, the La Central YMCA will be a beacon of physical, emotional and personal growth for New Yorkers of all backgrounds and ages.”

COUNCIL MEMBER RAFAEL SALAMANCA
17th Council District, The Bronx



“The YMCA is important to communities because it’s a safe haven that teaches young people to come and be their best selves.”

**STEFFANI
MAYNARD**

Bedford-Stuyvesant YMCA
Free Teen Swim Program



CENTER FOR COMMUNITY IMPACT

In 2022, the YMCA launched the Center for Community Impact (CCI) to further the Y's work to ensure that all New Yorkers – regardless of who they are or where they live – have the opportunities and resources they need to reach their full potential.

CCI is an innovation hub, leveraging the Y's expertise in preventative health, youth development, and community engagement to pilot and scale new initiatives and partnerships.

CCI has four immediate priorities:

- Nutritious food access
- Older adult services
- Mental health support
- Swim instruction and lifeguard training

PROMOTING NUTRITION & FOOD



Through CCI, the Y is promoting nutrition and food security for the families and communities we serve. Through the Y's food pantries and three Community Markets, **we distributed 466,000 pounds of culturally-appropriate, nutritious food to 23,800 New Yorkers in 2022.** The Y also launched programs to educate youth and families about the importance of proper nutrition.



ADDRESSING THE LIFEGUARD SHORTAGE

At the YMCA, we believe every New Yorker should learn how to swim. Because of the nationwide and citywide lifeguard shortage, however, fewer New Yorkers have access to pools, beaches, and swim lessons.

We know we can make a meaningful difference. In fact, the Y has implemented a number of meaningful, innovative strategies to address the lifeguard shortage, including:

- Offering the YMCA Lifeguard Certification at no cost to participants.
- Awarding a sign-on bonus to graduates of the lifeguard certification program who are hired by the Y.
- Partnering with the Association for a Better New York to found the NYC Lifeguard Interorganizational Task Force to bring together the resources of the public, private, and nonprofit sectors to identify short- and long-term solutions to overcome the shortage.

In 2022, the Y certified 114 new lifeguards, 40 of whom now work at YMCA branches.



COLLEGE ACCESS FOR ALL

As the Y and the communities we serve emerged from the pandemic, we recognized the critical importance of supporting teens as they pursue their dreams of furthering their education by attending college.

In 2022, we expanded the number of Rowe programs citywide from 12 to 18 sites and increased scholarship opportunities for Y scholars, in collaboration with our corporate and foundation partners.

In the aftermath of the pandemic, the Y recognized the significant impacts to New York City youth and began a program training staff in social-emotional learning and trauma-informed counseling.

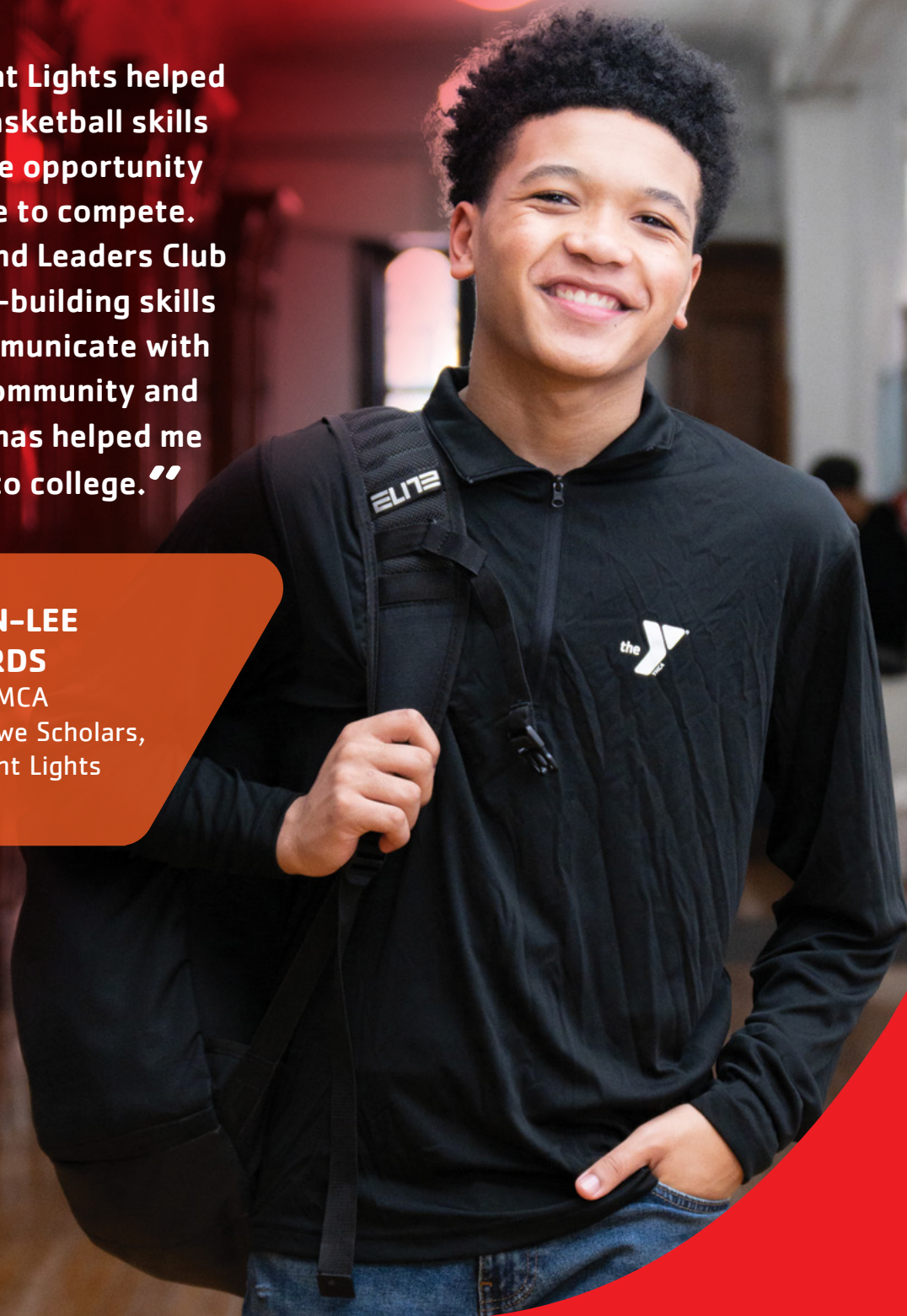
The Y also expanded engagement and leadership opportunities for teens, through programs including Saturday Night Lights, Teens Take the City, and Leaders Club.



“Saturday Night Lights helped me refine my basketball skills and gave me the opportunity and confidence to compete. Rowe Scholars and Leaders Club taught me team-building skills and how to communicate with others in my community and beyond. The Y has helped me find my path to college.”

**TRISTIAN-LEE
EDWARDS**

Dodge YMCA
Leaders Club, Rowe Scholars,
Saturday Night Lights



WELCOMING THE NEWEST NEW YORKERS



For more than a century, the YMCA has welcomed immigrants into the United States, and supported them as they built roots and established lives in New York City. In 2022, the Y reopened New Americans Initiative (NAI) sites in Flushing, Chinatown, and Harlem, offering in-person English classes, citizenship classes, and job skills training. In addition, in response to the recent surge of asylum seekers and refugees, the Y has partnered with organizations citywide to provide additional support to the newest Americans.



“Our family arrived from South America in New York, seeking asylum. We had no jobs, no documents, and no friends or family. After one year, we can already see a great future shaping up for our family and it started when the Y opened its doors to us.”

JESSICA PEREZ
Flushing YMCA
New Americans &
Flushing Swim Team

YMCA OF GREATER NEW YORK PARTNERS

Thank you to our corporate, foundation, individual, and government partners who helped the YMCA of Greater New York to fulfill our mission in 2022.

LEADING DONORS

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Staten Island Foundation
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The Pinkerton Foundation
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YMCA of the USA

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NYC Council Speaker Adrienne Adams

For a list of the YMCA of Greater New York's generous donors, please visit ymcanyc.org/give/our-donors or scan this QR code.



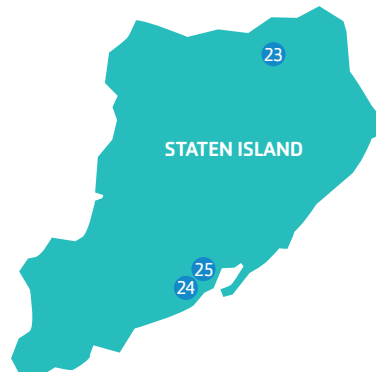
YMCA LOCATIONS

BROOKLYN

- 1 **BEDFORD-STUYVESANT YMCA**
ymcanyc.org/bedstuy
- 2 **CONEY ISLAND YMCA**
ymcanyc.org/coneyisland
- 3 **DODGE YMCA**
ymcanyc.org/dodge
- 4 **FLATBUSH YMCA**
ymcanyc.org/flatbush
- 5 **GREENPOINT YMCA**
ymcanyc.org/greenpoint
- 6 **NORTH BROOKLYN YMCA**
ymcanyc.org/northbrooklyn
- 7 **PARK SLOPE ARMORY YMCA**
ymcanyc.org/parkslopearmory
- 8 **PROSPECT PARK YMCA**
ymcanyc.org/prospectpark

MANHATTAN

- 9 **CHINATOWN YMCA**
ymcanyc.org/chinatown
- 10 **HARLEM YMCA**
ymcanyc.org/harlem
- 11 **MCBURNEY YMCA**
ymcanyc.org/mcburney
- 12 **VANDERBILT YMCA**
ymcanyc.org/vanderbilt
- 13 **WEST SIDE YMCA**
ymcanyc.org/westside



QUEENS

- 14 **CROSS ISLAND YMCA**
ymcanyc.org/crossisland
- 15 **FLUSHING YMCA**
ymcanyc.org/flushing
- 16 **JAMAICA YMCA**
ymcanyc.org/jamaica
- 17 **LONG ISLAND CITY YMCA**
ymcanyc.org/lic
- 18 **RIDGEWOOD YMCA**
ymcanyc.org/ridgewood
- 19 **ROCKAWAY YMCA**
ymcanyc.org/rockaway



BRONX

- 20 **CASTLE HILL YMCA**
ymcanyc.org/castlehill
- 21 **LA CENTRAL YMCA**
ymcanyc.org/lacentral
- 22 **NORTHEAST BRONX YMCA**
ymcanyc.org/northeastbronx

STATEN ISLAND

- 23 **BROADWAY YMCA**
ymcanyc.org/broadway
- 24 **SOUTH SHORE YMCA**
ymcanyc.org/southshore
- 25 **STATEN ISLAND YMCA COUNSELING SERVICE**
ymcanyc.org/counseling

“I’ve learned how to swim,
dance, and cook thanks to
my YMCA family of teachers
and friends!”

**CHARLOTTE
THERESIN**

West Side YMCA
Early Childhood Program



**YMCA OF GREATER
NEW YORK**

Where there's a Y,
there's a way.